## ROCHESTER CATHOLIC YOUNG ADULT MINISTRY

# **MEN'S OUTREACH**

#### **OUTLINING A VISION FOR RENEWAL**

The Frassati Fraternity began a handful of years ago responding to various needs of young men such as fellowship, brotherhood, accountability, and spiritual growth. From the beginning the goal was to provide opportunities and environments wherein which those needs might be met and virtue might be cultivated. Leaders made plans for informal social gatherings, small groups, and opportunities for prayer. Our leaders got us on the right track, but we need a little bit of a jump start to continue their good and necessary work.



The Rochester Catholic Young Adult leadership team has asked us to do just that by reviewing and renewing our plan for and commitment to young men in the Rochester Area. Below and attached is a preliminary vision that we would like to share with you for your feedback and input. Ultimately we want to know if you'd like to help us take Frassati Fraternity into the future while building upon it's past.



#### PHASE I - STRENGTHEN COMMUNITY

Return to consistency in community building social activities/events. Offer a monthly "Frassati Social" consisting of things guys like to do and things you'd want to bring your friends to whether they are Catholic or not.



# PHASE II - BUILD BROTHERHOOD

Build on that strengthened community and invite guys into a small group environment "Frassati Nights" where they can pray, learn from, and grow together as brothers. Start with one night a month, expand to two, etc...



## PHASE III - DEVELOP DISCIPLES

Growth will depend on the Holy Spirit, but also on the development of leaders (chosen from our peers as well as elders). This third phase will focus on developing leaders who know how important it is to invite and welcome new guys, plan and execute Frassati Socials, and lead Frassati Nights. This phase is also about connecting men across generations to further engage in service, parish life, and spiritual growth. Here we can work with existing organizations, such as the Knights of Columbus and others, to develop strong and lasting relationships for years to come.